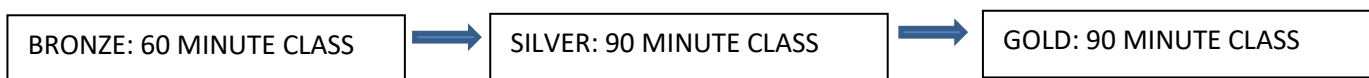


General Gymnastics – Springers 7 to 11 years old- Term 4 Information and Fee Schedule

General Gymnastics has been developed for children aged 7 – 11 years old. The program teaches children basic gymnastics skills and progresses through to more advanced skills in a fun, positive and encouraging environment. General Gymnastics combines structured activities with the focus on Dominant Movement Patterns (DMP). The Dominant Movement Patterns are Spring, Rotation, Statics, Landings, Locomotion and Swing. These DMP's have been developed to assist in the sound physical development of children and cater for all ability levels. The General Gymnastics program offers a great base for gymnastics and allows gymnasts to progress at their own rate, whilst maintaining a strong emphasis on fun.

All General Gymnastics classes include a warm up, flexibility and strength activities, gymnastics shapes and structured circuits.

The class is called "Springers" and is divided into 3 levels; with all gymnasts starting at Bronze moving their way up to Silver and then Gold.



Membership Fee

As per Gymnastics Australia's guidelines all gymnasts will be charged a membership fee. This compulsory fee includes membership with Pulse Gymnastics, Gymnastics Victoria and Gymnastics Australia and Personal Accident Insurance. The membership fee is non-refundable and must be paid before commencing any program at Pulse Gymnastics

Tuition Fee

Option 1 -Term by Term (Pay upfront)

We have a term fee which is calculated according to the number of weeks in a school term. The Term fee must be paid upfront before commencing any program at Pulse Gymnastics. This is calculated pro rata, the week after the gymnasts have completed a trial.

Automatic Continued Enrolment unless notified via email, SMS, parent portal as drop or in person.

Charges will automatically be added to your account for following Term's and invoiced for payment prior to 2nd week of consecutive terms. Should your child not wish to continue please request a drop via parent portal or front desk. Any outstanding account balance will be required to be finalised.

Option 2 – Instalments (Yearly Enrolment) - Direct Debit Only

For your convenience we also offer a payment plan via direct debit. This is calculated according to the total of weeks our classes operate in the year (Terms 1, 2, 3, 4) divided into an easy weekly payment. The direct debit payment is available weekly, fortnightly or monthly instalments and scheduled accordingly.

Public Holidays

There are no classes held on public holidays; Fees will be charged pro rata and reduce accordingly.

Family Discounts

Families who have two or more children attending Pulse Gymnastics will receive a 10% discount off the second and third child's fees. The discount will be applied to the lowest tuition fees.

Multi Class Discount

Any student enrolled into 2 or more of the same class per week will receive a 20% Discount second class.

Additional Notes*

No discount can be applied to membership fees.

Direct debit is offered for your convenience as a set and forget option. Generally ran Fridays. The total cost for direct debit is same total cost of payment upfront however runs through school holidays and hence less than weekly class cost. Any rejected payments will be rescheduled with a \$10 rejection fee. Enrolment can be terminated at any time, classes will be charged pro rata and any outstanding balance be scheduled as final payment the following scheduled payment.

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General Gymnastics Timetable and Fees 2019 – 7 to 11 years old

Day	Class	Schedule
Monday	Springers Bronze	4pm – 5pm 5pm – 6pm 6pm – 7pm
Tuesday	Springers Bronze	4pm – 5pm 5pm – 6pm 6pm – 7pm 7pm – 8pm
	<i>Springers Silver/Gold (ADVANCED) 90min</i>	<i>5pm – 6:30pm</i>
Thursday	Springers Bronze	4pm – 5pm 5pm – 6pm
	<i>Springers Silver/Gold (ADVANCED) 90min</i>	<i>6pm – 7:30pm</i>
Friday	Springers Bronze	6:30pm – 7:30pm
	<i>Springers Silver/Gold (ADVANCED) 90min</i>	<i>5pm – 6:30pm</i>
Saturday	Springers Bronze	9am – 10am 10am – 11am 11am – 12noon

Class	Term 4 – Monday 7 th October – Saturday 14 th December *10 Week Term
Springers Bronze 60 minute	1 Hr Class \$245.00 Term Upfront = \$24.50 Per Class From \$21.30 Weekly Instalments via Direct Debit Only*
Springers Silver/Gold 90 minute	90MIN Class \$325.00 Term Upfront = \$32.50 Per Class From \$28.26 Weekly Instalments via Direct Debit Only*

*Once off **Membership fee: \$75** (Paid once for the year)
Classes do not run on Public Holidays.
We recommend gymnasts attend a trial lesson as a first lesson; the **Trial Fee is \$20.**